

Hartek Foundation VOICE: Amplifying Impact I Jan to Mar 2025 I

Inspired by Guru Nanak Dev Ji
"Vand Chhako" which means to selflessly share what we have, consume it together

Hartek Foundation-The CSR Arm of Hartek Group
Lightning Lives, Empowering Communities "Power to Serve"

Volume: I / January to March 2025

"Small acts, when multiplied by millions of people, can transform the world."
Howard Zinn

FROM THE DESK OF THE EDITOR-IN-CHIEF

We are delighted to present the first quarter edition of Hartek Foundation's Newsletter – **THE VOICE**. This quarter was filled with diverse initiatives reflecting our commitment towards education, skill development, digital empowerment, women's upliftment, and community welfare.

From launching a community park on World NGO Day to celebrating International Women's Day with the launch of the second Hartek Skill Lab, our journey has been inspiring and impactful. Here's a glimpse of the initiatives that shaped the quarter:

Mrs. Keerti Hartek Singh
Chairperson Hartek Foundation



"Empowerment begins where opportunity meets skill. Hartek Foundation's initiatives this quarter beautifully reflect our mission – building capacity and nurturing talent in every corner we touch. Whether through skill labs, or digital literacy, we are investing in real change."

MS. Harkirat Kaur
CEO Hartek Foundation



"As we mark another impactful quarter, the progress made in empowering women artisans and supporting rural livelihoods stands out. Hartek Foundation's efforts inspire confidence and showcase the power of collaboration for social change."

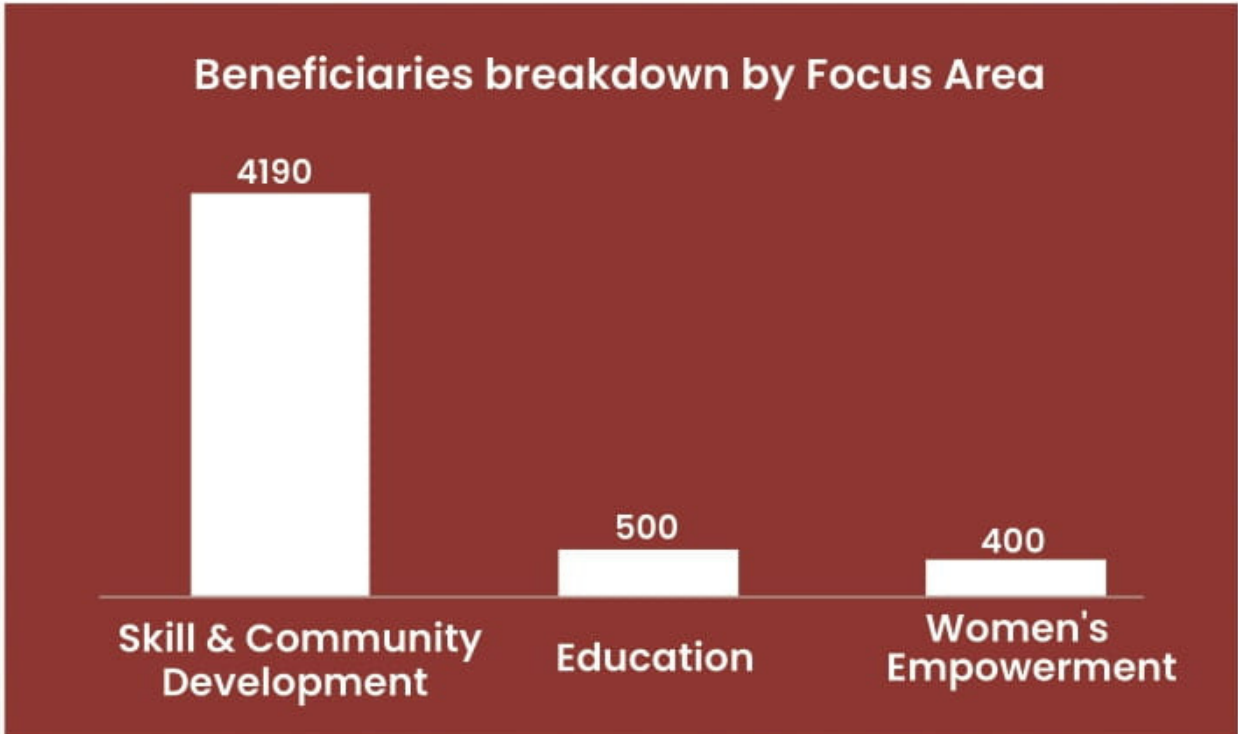
January to March 2025: Focus on Women's Empowerment, Education and Skill & Community Development

- 5075+ beneficiaries impacted through various initiatives.
- Enhanced digital literacy, skill-building, and employment opportunities, particularly for women and youth.
- Strengthened community engagement by developing public spaces and conducting well-being programs.
- Empowered women by equipping them with skills, resources, and market access for financial independence.

Beneficiary Breakdown by focus area

S No.	Initiative	Impact
1.	Community park Launched at village Bakarpur, Punjab	4000+ villagers
2.	Transforming Classrooms, through infrastructure improvement	500+ Students
3.	Hartek Skill lab launched at village Daun, Punjab for women Self Help Groups	400+ Womens
4.	Awareness through leadership & Mental Health Workshops	160+ Students & Police Officials
5.	Rehab patient's Skill development & therapeutic engagement	30+ Patients

Impact Visualizations



About Hartek Foundation

Hartek Foundation was established in 2021 guided by the Guru Nanak's philosophy "Vand Chakko". We believe that business can flourish only when the society around us is uplifted. We aim to contribute towards the holistic development of the underprivileged through sustainable initiate, sustainable strategies & Sustainable technology.

Our Key Focus Areas



Health



Education



Environment



Women
Empowerment



Skill & Community
Development

Strengthening Impact through collaborations

Drug De-Addiction and
Rehabilitation Centre
Sector 66 Mohali



HARTEK FOUNDATION PROJECT ACTIVITY HIGHLIGHTS

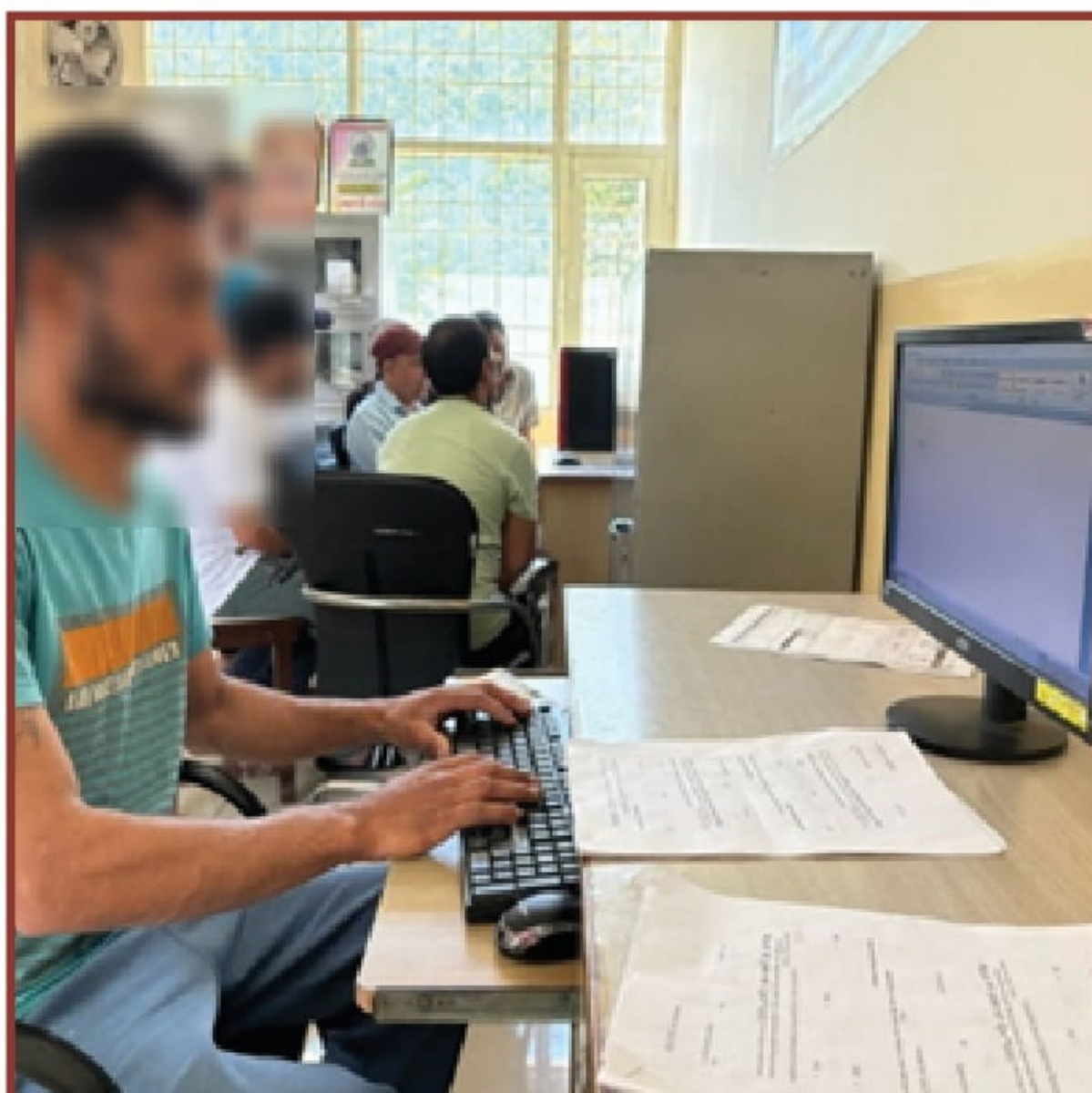
Skill Development for Rehab Patients

Hartek Foundation is excited to begin the New Year with the launch of its Computer Training Program under the Hartek Skill Lab initiative. The training, which started on 3rd January 2025 at the Drug De-addiction and Rehabilitation Centre in Sector 66, Mohali, highlights the foundation's dedication to empowering lives through skill development and comprehensive rehabilitation. The training will continue regularly for rehabilitation patients, with a dedicated computer instructor visiting them twice a week for training, ensuring continuous support for their personal and professional growth.

Program Impact



- More than 30+ patients are enrolled, actively showcasing enhanced digital literacy and the ability to apply their skills in practical session.
- All the rehab patients were actively engaged throughout the sessions.
- Enrolled patients undergo regular monthly practical assessment during which they successfully drafting documents in MS word, creating excel sheets and record data for data entry.
- Patients showing enthusiasm for further skill-building are connected with mentors and job opportunities.



HARTEK FOUNDATION PROJECT ACTIVITY HIGHLIGHTS

Transforming Classrooms, through infrastructure improvement

- To foster a more structured and disciplined learning environment, Hartek Foundation facilitated the installation of a fully automated bell system at the School of Eminence, Bakarpur. This initiative aims to enhance school operations by ensuring timely class transitions, minimizing disruptions, and optimizing the overall learning experience.
- Traditional manual bell systems often lead to inconsistencies, delays, or dependence on designated staff, which can sometimes disrupt the school schedule. By introducing an automated system, the school now operates with precision and consistency, ensuring a smooth flow of daily activities.
- The system is pre-programmed to ring bells at designated intervals, marking the beginning and end of classes, lunch breaks, and other important periods. This reduces manual errors, improves punctuality, & streamlines school administration.

Program Impact

- **500+ students and teachers benefited:**

The new system directly impacts the entire school community, ensuring a more structured learning environment for students and a more organized workflow for teachers.

- **Improved punctuality & efficiency:**

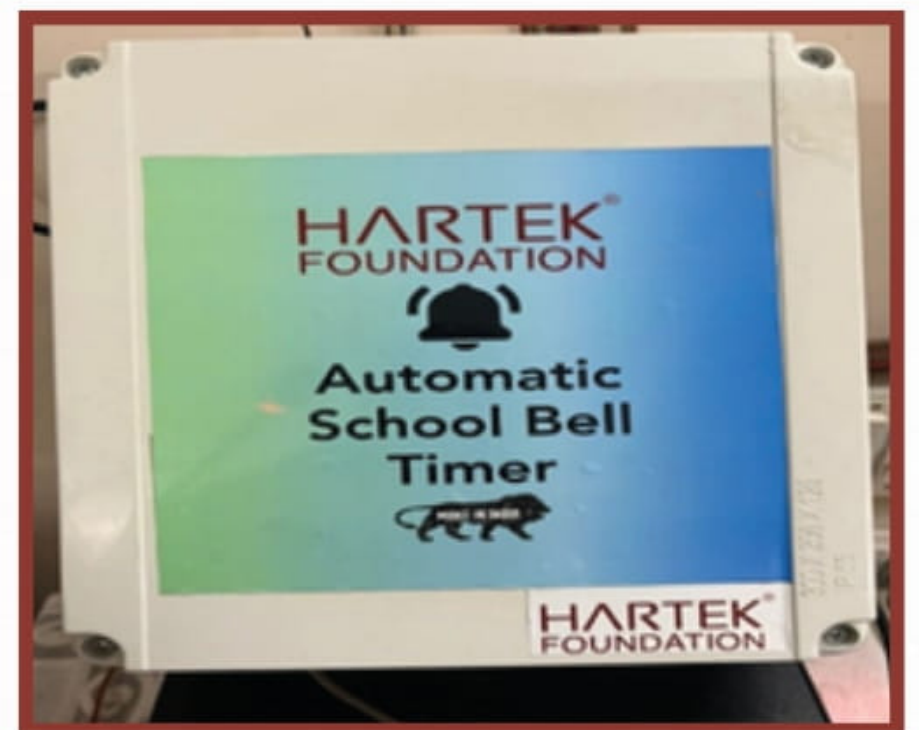
With automated alerts, students transition between classes in a timely manner, reducing unnecessary delays and maximizing learning hours. Teachers also experience better time management, leading to smoother lesson planning and execution.

- **Minimized classroom disruptions:**

The consistent and clear bell signals eliminate confusion, allowing both students and faculty to stay focused on their tasks without needing reminders.

- **Positive feedback from faculty:**

Teachers and school staff have appreciated the system's reliability, citing that it has made school schedules more manageable and reduced the burden of manually ringing the bell.



HARTEK FOUNDATION PROJECT ACTIVITY HIGHLIGHTS

Empowering Women Entrepreneurs: Economic opportunities for local Phulkari Artisans

At Hartek Foundation, we believe true women's empowerment comes through financial independence, skill development, and the creation of sustainable livelihoods. Our mission is to provide rural women with opportunities to lead, grow, and contribute to society with confidence and dignity.

In collaboration with Phulkari Makers, an SHG supported by Mehar Baba Charitable Trust (MBCT), we are championing handcrafted products and investing in the aspirations of women artisans striving for a brighter future.

Phulkari File Folder: A Symbol of Strength

Hartek Foundation, in collaboration with Meharba Trust and Phulkari makers, is creating economic opportunities for local artisans and Self-Help Groups (SHGs) by placing orders for handcrafted Phulkari file folders. This initiative not only provides financial stability to women artisans but also offers them a platform to showcase their craftsmanship at exhibitions, expanding the visibility of their work. By preserving the rich tradition of Phulkari embroidery, these artisans are transforming their skills into a sustainable livelihood. Hartek Foundation remains committed to empowering women, promoting local crafts, and strengthening community-led businesses for a more inclusive and self-reliant future.

Program Impact

- Direct Support to 150+ Women Artisans.
- Increased Income Opportunities.
- Strengthening Women-Led Business Ecosystem.
- Expansion of Local Craft Visibility Through exhibitions, digital promotions, and collaborations with buyers, the handcrafted products gained wider recognition, revitalizing the cultural heritage of Phulkari.



HARTEK FOUNDATION PROJECT ACTIVITY HIGHLIGHTS

Community Park Launched at village Bakarpur, Punjab

First-ever community park inaugurated by Hartek Foundation in Village Bakarpur, Punjab, aims to enhance public spaces and promote community well-being. The park is designed to provide a safe, inclusive, and accessible environment for all age groups. For the first time in the village, this park features an open gym and swings, catering to people of all age groups in the community. The initiative also encourages outdoor activities and strengthens social bonds among villagers.



Program Impact

- 4000+ villagers now have access to a well-equipped and safe recreational space.
- The initiative has encouraged outdoor activities, particularly among children and elderly residents, promoting a healthier lifestyle.
- The park serves as a community hub, fostering interaction and strengthening community ties.
- The development of this public space highlights Hartek Foundation's commitment to enhancing rural infrastructure and promoting sustainable community development.



HARTEK FOUNDATION PROJECT ACTIVITY HIGHLIGHTS

International Women's Day celebration: Hartek Skill Lab launched in village Daun, Punjab for women's Self-Help Group's

On the occasion of International Women's Day, Hartek Foundation marked a significant milestone in its commitment to women's empowerment by launching the Hartek Skill Lab in Village Daun, Mohali District, Punjab. This is the first-ever skill center in the village, exclusively dedicated to enhancing the vocational skills of women and fostering economic independence. Key initiatives included:

- Sewing machines donated to women to help them become self-reliant and support their entrepreneurial journeys.
- Launch of the Second Hartek Skill Lab in Village Daun, Mohali, in collaboration with Punjab State Rural Livelihood Mission (PSRLM).
- The Skill Lab offers training in tailoring, embroidery, and handicrafts, enabling women to gain financial independence and marketable skills.

Program Impact

- 200+ women enrolled in the newly launched Skill Lab.
- Employment and entrepreneurship opportunities created, helping women generate sustainable incomes.
- Upliftment of rural women through hands-on training, skill-building initiatives, and access to market linkages.



HARTEK FOUNDATION PROJECT ACTIVITY HIGHLIGHTS

World Social Work Day celebration: Mental Health & Well-being Workshop for police officials

Prioritizing Mental Health for a Stronger Community on World Social Work Day, Hartek Foundation reaffirmed its commitment to mental health awareness and emotional wellbeing by organizing a one-day workshop in partnership with: Sri Guru Granth Sahib World University, Centre for Social Work and Punjab Police.

This initiative aimed to bridge the gap in mental health awareness by equipping participants with essential stress management tools and emotional well-being techniques.

Workshop Highlights: A Holistic Approach to Mental Wellness: The session was carefully designed to cater to a diverse audience, including students, community members, and police personnel, and focused on four key areas:

Program Impact

Stress Management Techniques

- Identifying common stressors and their impact on physical and mental health.
- Learning practical stress-relief exercises, including deep breathing and mindfulness.
- Adopting healthy lifestyle choices to maintain emotional balance.

Coping Mechanisms for Emotional Well-being

- Recognizing early signs of emotional distress and ways to seek help.
- Building resilience through positive coping strategies, such as meditation and journaling.
- Promoting peer support and community-based interventions for mental wellness.



Supporting Sustainable Development Goals Through Impactful Initiatives

#PowerToServe



Publication Details:

Title: **HARTEK FOUNDATION VOICE**

Copyright: **Hartek Foundation**

Editor-in-Chief: **Mr. Yogesh Sharma**

Subject Focus: **Multidisciplinary**

Frequency: **Quarterly**

Language: **English**

Publisher: **Hartek Foundation**

First Published: **[2025]**

Connect with Us:

✉ Email: info@hartekfoundation.org

🌐 Website: www.hartekfoundation.org

REACH US AT: 0172-4004121-7

🌐 @/hartekfoundation

📷 @hartekfoundation

📍 Hartek Tower, F-321 Industrial Area, Phase 8-B
Mohali, Punjab, India - 160055