

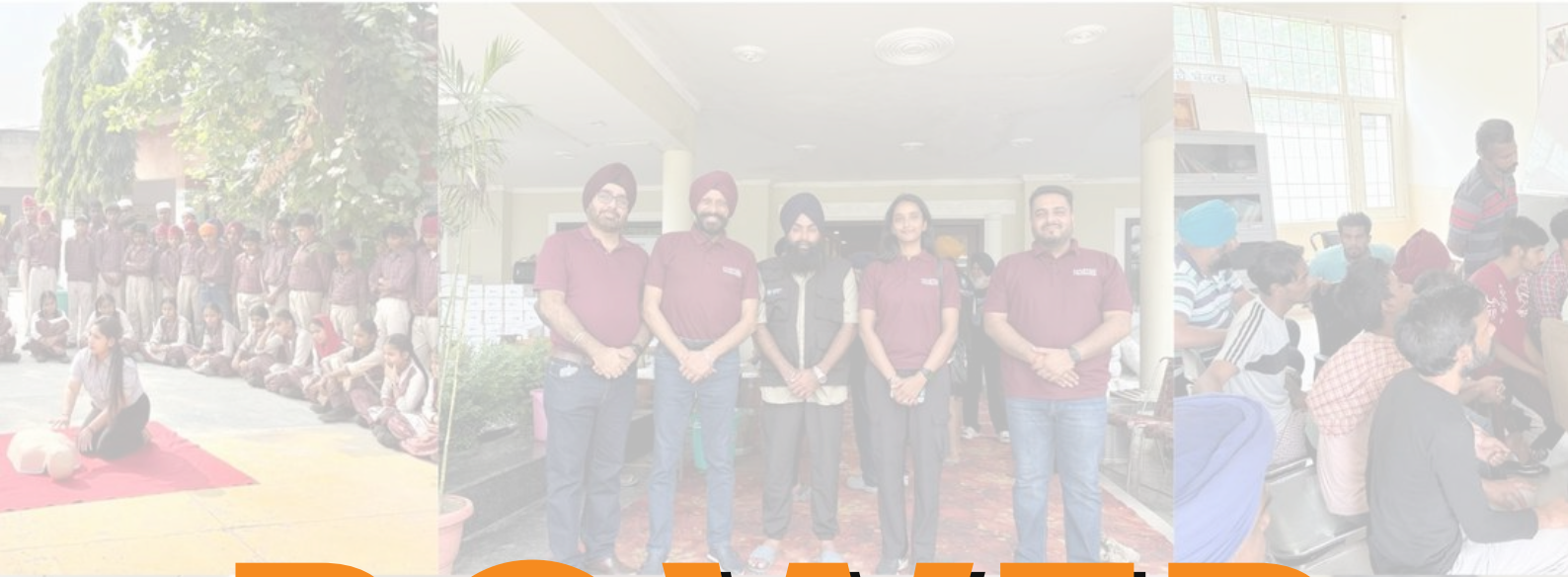
# HARTEK FOUNDATION VOICE AMPLIFYING IMPACT

**VOLUME II | ISSUE:04**

October – December 2025







**POWER**



**TO**



**SERVE**





**MRS. KEERTI HARTEK SINGH**  
Founder & Chairperson

## MESSAGE FROM CHAIRPERSON

**Hartek Foundation** was established with the belief at its core – to contribute towards the sustainable progress of communities and bring meaningful change to the lives of the people we serve. Our focus has been on empowering the villages of Punjab through smart and sustainable initiatives that address education, healthcare, community development, and infrastructure. I am deeply inspired by the impact of our initiatives and this reinforces our commitment to continue this journey of empowerment and social transformation.

# MILESTONE ACHIEVED: EMPOWERING LIVES, OCTOBER TO DECEMBER 2025



# 1010+

# LIVES IMPACTED

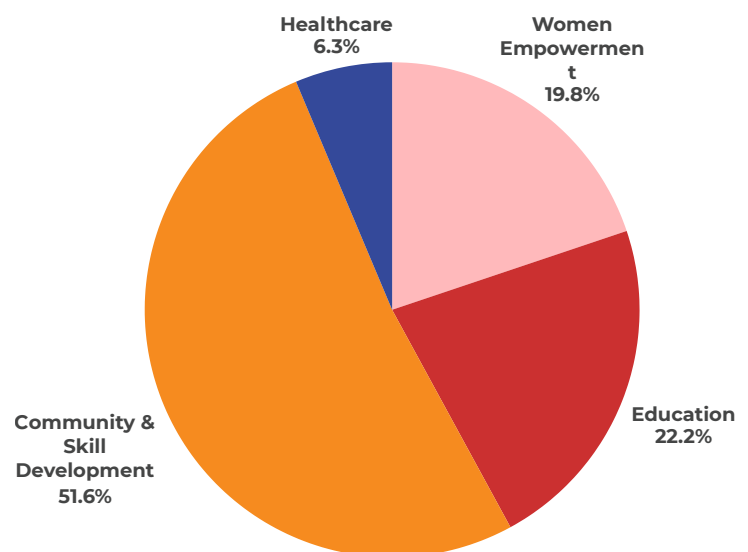
## BENEFICIARIES BREAKDOWN BY FOCUS AREA:

**COMMUNITY & SKILL  
DEVELOPMENT** 650

**EDUCATION** 280

**WOMEN  
EMPOWERMENT** 250

**HEALTHCARE** 80

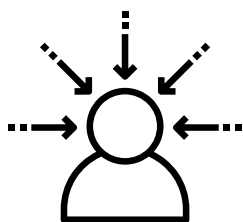




# PROGRESS TOWARDS SUSTAINABLE CHANGE

- 1010+ beneficiaries impacted.
- Promoting Women's Health through Breast Cancer Awareness (SDG 3) In collaboration with Homi Bhabha Cancer Hospital, Village Khijrabad, SAS Nagar Mohali, Punjab.
- Empowering Youth with First Aid & Life-Saving Skills (SDG 3, SDG 4) Awareness session with SPC youth, Mohali Punjab.
- Advancing Gender-Responsive Policing Across Punjab (SDG 5, SDG 16) State-level training of SPs, DSPs, Inspectors & SIs across 28 districts with Punjab Police.
- Strengthening Data-Driven Governance through ADAPT Fellowship (SDG 16, SDG 17).
- ADAPT Fellows engaged in data analysis for DC Office development projects.

## AT A GLANCE IMPACT DASHBOARD



**1010+**

**BENEFICIARIES  
REACHED**



**10+**

**INSTITUTIONAL  
PARTNERSHIP IN QTR.**



**23**

**DISTRICTS, ONE  
STRONG PRESENCE.**



**3,4,5,8,10,16**

**SDGs  
Aligned with**

# FOCUS AREAS



**Healthcare**



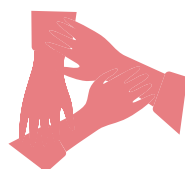
**Education**



**Environment**



**COMMUNITY &  
SKILL  
DEVELOPMENT**



**Women  
Empowerment**



**Flood Relief &  
Disaster  
Management**

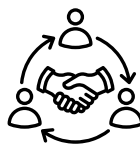
# CORE VALUES

**A**



**Attitude of Giving &  
Accountability**

**C**

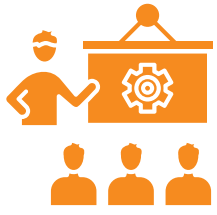


**Compassion &  
Collaboration**

**T**



**Trust &  
Transparency**



# OUR VISION

Our vision is to transform lives by uplifting underprivileged communities through sustainable and impactful initiatives. At Hartek Foundation, we envision a future where every individual has access to the resources, opportunities, and support needed to thrive. Our goal is to empower those in need and to drive positive change that breaks the cycle of poverty, improves quality of life, and fosters resilient communities.



# OUR MISSION

Our mission is to bring this vision to life by adopting and developing SMART VILLAGES: Self-sustaining, inclusive communities equipped with essential services and growth opportunities. By focusing on three core pillars—access to basic amenities, skill development, and self-sustainable initiatives. Hartek Foundation aims to create rural ecosystems that foster growth, resilience, and long-term prosperity

# TEAM MEMBERS



## HARKIRAT KAUR

CEO, Hartek Foundation

Harkirat Kaur works in the finance and business strategy wing of the Hartek Group and is spearheading the projects carried out by Hartek Foundation. She is passionate about working towards social development and systemic changes.

Harkirat has a B.Com degree from Shri Ram College of Commerce (Delhi University) and a Master's in Public Policy from the Harris School of Public Policy (University of Chicago)



## YOGESH SHARMA

Head Operations

Yogesh Sharma is a development professional with over 10 years of experience, specialising in capacity building, community mobilisation, CSR and project management. He holds a Master's in Social Work from Panjab University and has experience working with stakeholders to drive social change. Currently, he leads operations at Hartek Foundation, overseeing projects focused on community development, youth empowerment, and sustainable social progress.





# AWARDS AND ACHIEVEMENTS

Hartek Foundation was honoured with a Rotary International Award across the North Zone for its outstanding contribution to community skill development. The award recognises the Hartek Foundation's impactful initiatives focused on enhancing employability, vocational skills and sustainable livelihood opportunities for underserved communities.

## SUPPORTING THE FOLLOWING SDGs

Our commitment to social impact is rooted in global standards through these initiatives, we directly contribute to the United Nations Sustainable Development Goals





# COMMUNITY AND SKILL DEVELOPMENT.

# 650

## SKILLS ENABLED

### TRAINING OF TRAINERS FOR MAINSTREAMING OF WOMEN POLICE

Hartek Foundation, in collaboration with the Community Affairs Division, Punjab Police, and J-PAL South Asia, successfully conducted Batch 1 three-day Training of Trainers (ToT) programme aimed at mainstreaming women in policing. The training was guided by the Special DGP, Punjab Police (Community Affairs Division) and focused on strengthening gender-responsive and inclusive policing practices. The programme covered key modules on legal frameworks, training pedagogy, gender sensitisation, and life skills. A total of 80 participants, including SPs, DSPs, Inspectors, and Sub-Inspectors, were trained as Master Trainers to further cascade the learning across the force.





# TRAINING OF TRAINERS FOR MAINSTREAMING OF WOMEN POLICE BATCH 2

The Hartek Foundation and the Community Affairs Division have successfully concluded the three-day Training of Trainers (ToT) programme for Batch 2 at the Punjab Police Academy, Phillaur. Led by the Special DGP Ms. Gurpreet Kaur Deo IPS (CAD), this initiative has now equipped over 120 police officials with the expertise required to institutionalize gender equality and inclusive leadership to foster a professional, gender-responsive, and inclusive police force. These newly certified Master Trainers now serve as the pivotal change-makers for the force, carrying the responsibility of cascading these vital standards within the district in Punjab Police.



## Community Service:- **PRABH AASRA**

In remembrance of the Chaar Sahibzaade, Hartek Foundation organized an educational movie screening and Langar Sewa for all the residents at Prabh Aasra. The initiative highlighted the teachings of Guru Nanak Dev Ji, emphasizing equality, compassion, and the legacy of sacrifice. Following the screening, the Hartek team participated in Langar Sewa, humbly serving meals to reflect their commitment to dignity and community bonding.





# EDUCATION 280

## STUDENTS SUPPORTED

### AWARENESS SESSION ON MENSTRUAL HYGIENE & MANAGEMENT

The Hartek Foundation, in collaboration with the Family Planning Association of India (FPAI), conducted an awareness session on menstrual health for girls and personal hygiene for boys at the School of Eminence in Bakarpur Village, Punjab. This initiative aimed to promote physical well-being and break social taboos through open dialogue, ensuring adolescents have the knowledge to maintain healthy hygiene practices.





# FIRST AID & DISASTER MANAGEMENT TRAINING

The Hartek Foundation, in collaboration with the Punjab Police Community Affairs Division and the Red Cross Society, Mohali, conducted First Aid and Disaster Management training for Student Police Cadets at Government High School, Nagal Salempur. The program provided hands-on training in life-saving techniques like CPR and fracture management, empowering youth to respond effectively to medical emergencies and disasters.





# WOMEN EMPOWERMENT

# 250+

## WOMEN EMPOWERED

Empowering 250+ women across 30 Self Help Groups (SHGs), Hartek Foundation strengthened economic independence through skill-based livelihoods and institutional partnerships. With initiatives ranging from tailoring and stitching to Phulkari integration into corporate supply chains, women earned an average monthly income of 214,000, fostering entrepreneurship, confidence and long-term financial security.





# HEALTHCARE

# 375

## PATIENTS SUPPORTED

### World Breast Cancer Awareness Week

Hartek Foundation, in collaboration with Homi Bhabha Cancer Hospital, organized a comprehensive Awareness Session and Early Detection Camp at Khizrabad Village, SAS Nagar, in observance of Breast Cancer Awareness Week. The initiative aimed to promote early detection and preventive healthcare practices among rural women. The session saw the participation of over 80 individuals

# OUR PROJECTS



## PROJECT 1

Rural  
Development  
Programme



## PROJECT 2

SHG PSRLM Women  
Entrepreneurship &  
Empowerment



## PROJECT 3

SAAHAS Fellowship  
Traffic & Road Safety,  
Punjab Police



## PROJECT 4

Yuva Saanjh  
CAD  
Punjab Police



## PROJECT 5

ADAPT  
Fellowship



## PROJECT 6

Punjab  
Flood Relief



## PROJECT 7

Mainstreaming  
of PPMs



## PROJECT 8

Supporting  
Disability

# PARTNERSHIPS & COLLABORATIONS





# WHAT ARE THE FUTURE OBJECTIVES?



Expand Hartek Skill Labs to empower rural women, rural youth, and children through skill development.



Scale gender-sensitive training programs to strengthen support systems for women and child victims and build responsive institutions.



Strengthen rural healthcare outreach through regular health camps, screenings, and awareness programs for underserved communities.



Initiate focused interventions on climate change and sustainability, promoting environmental awareness and community-led action.



Enhance scalability of fellowship programs to support governance, policy implementation, and data-driven development initiatives.



# MEDIA COVERAGE

**ਮਿਸ਼ਨ ਪੰਜਾਬ** MISSION PUNJAB

ਸਰਕਾਰੀ ਹਾਈ ਸਕੂਲ ਨੱਗਲ ਸਲੇਮਪੁਰ ਵਿਖੇ ਫਸਟ ਏਡ ਤੇ ਸੀ.ਪੀ.ਆਰ ਵਰਕਸ਼ਾਪ ਆਯੋਜਿਤ

ਅਤੇ ਸੀ.ਪੀ.ਆਰ ਵਿੱਚ 'ਤੇ ਇੱਕ ਸਥਿਤੀ ਵਿੱਚ ਕਿਸੇ ਦੀ ਜਾਨ ਬਚਾਵਰਕਸ਼ਾਪ ਦਾ ਆਯੋਜਨ ਕੀਤਾ ਗਿਆ। ਇਸ ਵਰਕਸ਼ਾਪ ਦੌਰਾਨ

ਚੰਡੀਗੜ੍ਹ 07 ਨਵੰਬਰ - ਜ਼ਿਲ੍ਹਾ



ਸਿੱਖਿਆ ਅਫਸਰ ਡਾ. ਗਿੰਨੀ ਦੁੱਗਲ ਦੀ ਯੋਗ ਅਗਵਾਈ ਤਹਿਤ ਜ਼ਿਲ੍ਹਾ ਐਸ.ਪੀ.ਸੀ. ਕੋਆਰਡੀਨੇਟਰ ਸੁਸ਼ੀਲ ਕੁਮਾਰ ਜੀ ਦੀ ਦੇਖ ਰੇਖ ਵਿੱਚ ਸਰਕਾਰੀ ਹਾਈ ਸਕੂਲ ਨੱਗਲ ਸਲੇਮਪੁਰ ਵਿਖੇ ਹਰਟੇਕ ਫਾਊਂਡੇਸ਼ਨ (ਸਟੂਡੈਂਟ ਪੁਲਿਸ ਕੈਂਪ) ਪ੍ਰੋਗਰਾਮ ਤਹਿਤ ਬੱਚਿਆਂ ਲਈ ਫਸਟ ਏਡ

ਹਰਟੇਕ ਫਾਊਂਡੇਸ਼ਨ ਤੋਂ ਯੋਗ ਸ਼ਰਮਾ ਜੀ ਅਤੇ ਹਰਨੇਤ ਮੋਹਮ ਅੱਜ ਸ਼ਰਮਾ ਨੂੰ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਫਸਟ ਏਡ ਦੀ ਮਹੱਤਤਾ ਬਾਰੇ ਜਾਣੂ ਕਰਵਾਇਆ ਅਤੇ ਸੀ.ਪੀ.ਆਰ ਦੀ ਪ੍ਰੈਕਟੀਕਲ ਜਾਣਕਾਰੀ ਵੀ ਦਿੱਤੀ। ਉਨ੍ਹਾਂ ਨੇ ਆਪਣੇ ਨਾਲ ਐਸ.ਪੀ.ਸੀ. ਬੱਚਿਆਂ ਨੂੰ ਐਕਸੀਜਨ ਹਾਲਾਤ ਵਿੱਚ ਤੁਰੰਤ ਸਹਾਇਤਾ ਦੇਣ ਦੇ ਤਰੀਕੇ ਸਿਖਾਏ ਤਾਂ ਜੋ ਉਹ ਜ਼ਰੂਰੀ

ਦਾ ਧਨਵਾਦ ਕੀਤਾ ਅਤੇ ਕਿਹਾ ਕਿ ਇਸ ਤਰ੍ਹਾਂ ਦੇ ਵਰਕਸ਼ਾਪ ਬੱਚਿਆਂ ਵਿੱਚ ਸਮਾਜਿਕ ਜ਼ਿੰਮੇਵਾਰੀ ਅਤੇ ਸੇਵਾ ਭਾਵਨਾ ਨੂੰ ਮਜ਼ਬੂਤ ਕਰਦੇ ਹਨ। ਇਸ ਪ੍ਰੋਗਰਾਮ ਦੌਰਾਨ ਸਕੂਲ ਵਿੱਚ ਸੁਨੰਨਾ, ਨਾਲਜੀਤ ਕੁਮਾਰ, ਲ.ਵ.ਲੀਨ, ਕਿਰਨ ਦੀਪ ਕੌਰ, ਮਨੀਸ਼ਾ ਸੈਣੀ ਆਦਿ ਅਧਿਆਪਕ ਮੌਜੂਦ ਸਨ।

**ਸਰਕਾਰੀ ਹਾਈ ਸਕੂਲ ਨੱਗਲ ਸਲੇਮਪੁਰ ਵਿਖੇ ਫਸਟ ਏਡ ਤੇ ਸੀ.ਪੀ.ਆਰ ਵਰਕਸ਼ਾਪ ਆਯੋਜਿਤ**

ਚੰਡੀਗੜ੍ਹ 07 ਨਵੰਬਰ ( ) ਜ਼ਿਲ੍ਹਾ ਸਿੱਖਿਆ ਅਫਸਰ ਡਾ. ਗਿੰਨੀ ਦੁੱਗਲ ਦੀ ਯੋਗ ਅਗਵਾਈ ਤਹਿਤ ਜ਼ਿਲ੍ਹਾ ਐਸ.ਪੀ.ਸੀ. ਕੋਆਰਡੀਨੇਟਰ ਸੁਸ਼ੀਲ ਕੁਮਾਰ ਜੀ ਦੀ ਦੇਖ ਰੇਖ ਵਿੱਚ ਸਰਕਾਰੀ ਹਾਈ ਸਕੂਲ ਨੱਗਲ ਸਲੇਮਪੁਰ ਵਿਖੇ ਹਰਟੇਕ ਫਾਊਂਡੇਸ਼ਨ ਦੀ ਮਦਦ ਨਾਲ ਐਸ.ਪੀ.ਸੀ. (ਸਟੂਡੈਂਟ ਪੁਲਿਸ

ਕੈਂਪ) ਪ੍ਰੋਗਰਾਮ ਤਹਿਤ ਬੱਚਿਆਂ ਲਈ ਫਸਟ ਏਡ ਅਤੇ ਸੀ.ਪੀ.ਆਰ ਵਰਕਸ਼ਾਪ ਦਾ ਆਯੋਜਨ ਕੀਤਾ ਗਿਆ। ਇਸ ਵਰਕਸ਼ਾਪ ਦੌਰਾਨ ਹਰਟੇਕ ਫਾਊਂਡੇਸ਼ਨ ਤੋਂ ਯੋਗ ਸ਼ਰਮਾ ਜੀ ਅਤੇ ਹਰਨੇਤ ਮੋਹਮ ਅੱਜ ਸ਼ਰਮਾ ਨੂੰ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਫਸਟ ਏਡ ਦੀ ਮਹੱਤਤਾ ਬਾਰੇ ਜਾਣੂ ਕਰਵਾਇਆ ਅਤੇ ਸੀ.ਪੀ.ਆਰ ਦੀ ਪ੍ਰੈਕਟੀਕਲ ਜਾਣਕਾਰੀ ਵੀ ਦਿੱਤੀ। ਉਨ੍ਹਾਂ ਨੇ ਆਪਣੇ ਨਾਲ ਐਸ.ਪੀ.ਸੀ. ਬੱਚਿਆਂ ਨੂੰ ਐਕਸੀਜਨ ਹਾਲਾਤ ਵਿੱਚ ਤੁਰੰਤ ਸਹਾਇਤਾ ਦੇਣ ਦੇ ਤਰੀਕੇ ਸਿਖਾਏ ਤਾਂ ਜੋ ਉਹ ਜ਼ਰੂਰੀ

ਸਕੂਲ ਦੇ ਮੁੱਖ ਅਧਿਆਪਕ ਨਰਜੀਤ ਸਿੰਘ ਨੇ ਵੱਡੇ ਮਹਿਨਿਆਂ ਦਾ ਧਨਵਾਦ ਕੀਤਾ ਅਤੇ ਕਿਹਾ ਕਿ ਇਸ ਤਰ੍ਹਾਂ ਦੇ ਵਰਕਸ਼ਾਪ ਬੱਚਿਆਂ ਵਿੱਚ ਸਮਾਜਿਕ ਜ਼ਿੰਮੇਵਾਰੀ ਅਤੇ ਸੇਵਾ ਭਾਵਨਾ ਨੂੰ ਮਜ਼ਬੂਤ ਕਰਦੇ ਹਨ। ਇਸ ਪ੍ਰੋਗਰਾਮ ਦੌਰਾਨ ਸਕੂਲ ਵਿੱਚ ਸੁਨੰਨਾ, ਨਾਲਜੀਤ ਕੁਮਾਰ, ਲ.ਵ.ਲੀਨ, ਕਿਰਨ ਦੀਪ ਕੌਰ, ਮਨੀਸ਼ਾ ਸੈਣੀ ਆਦਿ ਅਧਿਆਪਕ ਮੌਜੂਦ ਸਨ।



## To integrate, strengthen women in force, Punjab Police launches project

Express News Service Chandigarh, December 7

THE PUNJAB Police has rolled out a state-wide initiative to strengthen the role and integration of women officers, beginning with a three-day Training of Trainers programme at the Punjab Police Academy, Phillaur.

The "Mainstreaming of Women Police" project, led by the Community Affairs Division in partnership with the Hartek Foundation, trained around 60 master trainers from 13 districts. Each district sent four senior officers who will now conduct training sessions across their jurisdictions.

The curriculum covered modules on shaping police conduct, gender sensitisation, delivering justice to underserved groups and strategies to integrate women personnel in a traditionally male-dominated force. The training also stressed the responsibility of senior officers in supporting the professional growth of women police personnel.

Special DGP, Community Affairs Division, Gurpreet Kaur Deo said the initiative is part of a larger evidence-based assessment of the nationwide women helpdesk project, under which two women officials have been deployed in each of Punjab's 384 police stations. "This ambitious project aims to build capacity for gender-responsive policing," she said.

For a scientific assessment of the programme's impact, Punjab Police has signed an MoU with the Abdul Latif Jameel Poverty Action Lab (J-PAL), which will conduct Randomised Controlled Trials. Of the 384 police stations, 288 will undergo the training, while 96 will serve as control stations.

The 100 to 120 master trainers selected for the project will receive a second round of advanced training in February 2026. They will then conduct training across the 288 police stations in three phases between March and June 2026, covering issues such as gender stereotypes within policing culture, evolving policing needs, cybercrime, crimes against women and children, and police response and behaviour.

J-PAL will conduct a baseline survey in participating stations before the district-level training begins, followed by an endline survey of both police personnel and citizens to assess changes in gender perceptions and the roles of women in policing. A second Training of Trainers session for officers from the remaining 15 districts is scheduled at PPA Phillaur later this month. In all, over 2,000 police officials are expected to be trained as part of the project.



## Spl DGP Deo: Big push for gender-responsive policing in Punjab

CHANDIGARH: The Punjab Police has started "Mainstreaming of Women Police" project, aimed at assessing and enhancing the role and integration of women police officers across the state. The project commenced with a three-day training of trainers (ToT) programme held at the Punjab Police Academy (PPA), Phillaur, from December 2 to 4.

The ToT was organised by the community affairs division (CAD) wing of Punjab Police in partnership with the Hartek Foundation. The session trained approximately 60 master trainers, comprising four senior police officers, each from 13 districts of Punjab. These officers will now be responsible for cascading the training in their

respective districts. The training curriculum covered critical modules including shaping the police persona, gender sensitisation, the role of police in delivering justice to underserved sections, and strategies for mainstreaming women officers within the traditionally male-dominated police force.

Special DGP, Gurpreet Kaur Deo said that this project is being conducted as a part of the Project "Mainstreaming of Women Police" whereby an attempt is being made for evidence-based assessment of the success of the nationwide rollout of the women helpdesk project of the Centre wherein two women officials have been posted in each of the 384 police stations in Punjab.

## Hartek Foundation partners with Punjab Police & J-PAL to Build Women leaders in policing

CHANDIGARH: In a significant step towards strengthening gender-responsive and community-centric policing across Punjab, Hartek Foundation, in partnership with the Community Affairs Division (CAD) of Punjab Police and J-PAL South Asia, conducted a three-day Training of Trainers (ToT) programme at the Punjab Police Academy, Phillaur.

The programme brought together 100 women police personnel from 14 districts of Punjab, marking one of the most comprehensive capacity-building efforts aimed at advancing women's leadership within the state police force. Designed to bolster professional development and leadership among women police personnel, the programme equipped officers with advanced facilitation techniques, communication skills, training pedagogy, and a comprehensive grounding in gender-responsive service delivery. The programme was inaugurated by Gurpreet Kaur Deo, Spl. DGP, IPS, who emphasized the importance of such capacity building efforts in elevating the quality and responsiveness of policing across the state.

"This programme provides officers with structural facilitation skills, enhances teamwork, and deepens their understanding of gender-responsive policing. These competencies are essential for delivering positive, community-centric outcomes across police stations," said Gurpreet Kaur Deo, Spl. DGP, IPS.

During the inaugural session, Mr. Hartek Kaur CEO, Hartek Foundation, outlined the role and responsibilities of master trainers and highlighted the strategic importance of this partnership in nurturing women leaders within the policing system. By strengthening facilitation and leadership capacities, we aim to support Punjab Police in delivering consistent high-quality training that enhances community-focused service delivery.

The training featured expert-led sessions, including Police Persona by Mr. G.S. Anja (Retd.), DGP, Punjab Police; Life Skills & Training Pedagogy by Mr. Kiran Singh, and an extensive Gender Sensitisation module by Ms. Manjula Saurin.

## From The Desk of Editor in Chief

We are pleased to share Volume II, Issue 04 of The Hartek Foundation Voice, highlighting a quarter of impactful milestones and collective action. During this period, we were honoured with a Rotary International Award, conducted statewide trainings for Punjab Police on mainstreaming women police, and onboarded fellows under the ADAPT Fellowship to support governance initiatives. Our health and education efforts included menstrual hygiene sessions for adolescent girls, first aid trainings, and multiple rural health camps, strengthening access to essential health awareness and services. Together, these initiatives reflect our continued commitment to sustainable social change and community empowerment.

**Mr Yogesh Sharma**

Head Operations



# HARTEK<sup>®</sup> FOUNDATION

**JOIN US IN MAKING THE DIFFERENCE**



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